



Hotel Post –

here I feel comfortable!



HEIDI LAND



Hotel Post Sargans AG
Bahnhofstrasse 1
7320 Sargans
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For more information, consult our website.

important features

- 3-Star superior
- 50 rooms (105 beds)
- 3 Suites
- over 750 seats
- Beer garden
- free Wifi in the whole building
- Digital TV
- Free parking at the hotel
- Hotel-Bar
- A la carté Restaurant
- included in the room rate:
 - 1 bottle mineral water in your room
 - Swiss sweetness
 - Business Corner in the Lobby





Hotel prices

Rooms	Pax: 1	Pax: 2	Pax: 3	Pax: 4	Pax: 5
Single	100 - 125				
Double Standard	105 - 130	155 - 205			
Double Superior	110 - 135	165 - 215			
Tripple			225		
Quadruple				280	
Junior-Suite	130	215	235		
Suite	140	235	285	340	365

Breakfastbuffet from 06:30 – 10:00 hours

Halfboard per person 25.-

(4-course dinner)

Fullboard per person 45.-

(3-course Lunch and 4-course dinner)

Free Wifi

Children up to 12 years 50% discount (same room as parents)

Rates are subject to change.
All prices are in CHF



Conferences

Room rental

1/2 day with meeting equipment CHF 110.00
With lunch a 10% discount on the meeting room CHF 99.00

1/2 day with meeting equipment CHF 220.00
With lunch a 10% discount on the meeting room CHF 198.00

Conference with full board (for 10 or more people)

Conference with overnight stay and full board: (3 + 4 course meal)

single CHF 155.00
double per person CHF 125.00
double superior per person CHF 130.00

drink & break package (per person): CHF 55.00

Inclusive:

Non alcoholic drinks and two breaks (morning and afternoon) and a fruit basket.

Breaks: morning with croissant und afternoon with patisserie

In these packages Infrastructure is included.

Infrastructure:

- Beamer with WLAN
- moderation material
- Sound system
- **free Wifi**
- Flipcharts
- Visualizers
- White boards
- diverse Pinnwall
- Notebooks
- Microphone system (Post & Gonzensaal)

Rates are subject to change.

Rooms

A la carté Restaurant	up to 40 people
Sarganserstube	up to 32 people
Schränzerstube	up to 22 people
Terrace	up to 100 people
Schwefelbadstube	up to 54 people
Poststube	up to 48 people
Gonzensaal	up to 100 people
Postsaal (Gonzensaal + Schwefelbadstube)	up to 200 people
Boardroom	up to 10 people
Seminarraum 1	up to 100 people
Seminarraum 2	up to 50 people
Wintergarten	up to 80 people
Bar	up to 50 people



Business lunch

Canapé 1/4	per peace	CHF 2.00
Cheese cake	per peace	CHF 3.00
Ham croissant	per peace	CHF 3.70
Chicken wings with special spice	per peace	CHF 2.20
Homemade spring roll	per peace	CHF 5.00
Pork chipolata	per peace	CHF 1.70
King prawn deep fried	per peace	CHF 5.30
Cakes: Variety of cakes	per peace	CHF 3.00
Fruit stick	per peace	CHF 7.80
Elleron de poulet breaded	per peace	CHF 3.00
Homemade curry balls	per peace	CHF 1.00
Salade frutta di mare	100 g	CHF 7.80
smoked fish	100 g	CHF 10.50
variety of chees	100 g	CHF 7.50
variety of vegetables (raw)	per person	CHF 3.80
Quiche Lorraine	per peace	CHF 4.00
Variety of sauces	per person	CHF 2.20
Tomato-Mozzarella stick	per peace	CHF 4.80

Conference packages

(from 10 people)

½ day without lunch or with à la carté separat	½ day with business lunch light
welcome coffee room rate mineral water	welcome coffee room rate mineral water
Package 1	Package 2
Coffee break: (croissant & coffee or orange jus)	Coffee break: (croissant & coffee or orange jus)
price per person CHF 29.50	Business lunch light: 2 cheese cake 2 ham croissants 2 canapés
1 day with a la carté separte	½ day with business lunch rich
welcome coffee room rate mineral water	Orange jus, Mineral, Chasselas price per person CHF 53.00
Package 4	
Coffee break: (croissant & coffee or orange jus)	welcome coffee room rate mineral water
Afternoon: Coffee break with pastry	Package 3
price per person CHF 50.50	Coffee break: (croissant & coffee or orange jus)
Business-Lunch (matches with package 1 & 4)	Business lunch riche: 1 chicken wings 2 cheese cakes 1 fruit stick 2 ham croissants 2 Canapés 2 homemade curry balls Orange jus, Mineral, Rioja Club Privado, Roja blanco
2 different 3-coursemenues 3 dl drink and 1 coffee	price per person CHF 72.00
Preis pro Person CHF 27.00	

1 day with lunch light	1 day with lunch riche
<p>welcome coffee room rate mineral water fruit basket</p> <p>Package 5</p> <p>Coffee break: (croissant & coffee or orange jus)</p> <p>Lunch: tomato crème green Salad rolled slice of beef vegetables macaroni 1 soft drink Coffee</p> <p>Afternoon: Coffee break with pastry</p> <p>price per person CHF 82.50</p>	<p>welcome coffee room rate mineral water fruit basket</p> <p>Package 6</p> <p>Coffee break: (croissant & coffee or orange jus)</p> <p>Lunch: homemade vegetables crème soup green Salad pork steak with a crème sauce or herb butter carrots and beans potatoes croquets Coupe Jaques 1 soft drink Coffee</p> <p>Afternoon: Coffee break with pastry</p> <p>price per person CHF 102.50</p>



1 day with lunch and apero light	1 day with lunch and apero riche
<p>welcome coffee room rate mineral water fruit basket</p> <p>Package 7</p> <p>Coffee break: (croissant & coffee or orange jus)</p> <p>Lunch: clear soup with sliced pancakes mixed Salad pork knuckle (hocks) Cremolata Noodles 1 soft drink Coffee</p> <p>Afternoon: Coffee break with pastry</p> <p>Business lunch light: 2 cheese cake 2 ham croissants 2 canapés</p> <p>Orange jus, Mineral, Chasselas</p> <p>price per person CHF 108.50</p>	<p>welcome coffee room rate mineral water fruit basket</p> <p>Package 8</p> <p>Coffee break: (croissant & coffee or orange jus)</p> <p>Lunch: clear soup with vegetables julienne green Salad veal Cordon bleu garnished with vegetables french fries 1 soft drink Coffee</p> <p>Afternoon: Coffee break with pastry</p> <p>Business lunch riche: 1 chicken wings 2 cheese cakes 1 fruit stick 2 ham croissants 2 Canapés 2 homemade curry balls Orange jus, Mineral, Rioja Club Privado, Roja blanco</p> <p>price per person CHF 140.00</p>